

# Hertfordshire County Championships Standalone 10k - 7 October 2007

## Team Winners

### Herts Male 1st team

3	Mark Dickinson	Garden City Runners	44	MS	00:33:32
8	Mark Landy	Garden City Runners	332	MS	00:34:50
9	Simon Mace	Garden City Runners	270	MS	00:35:06
17	Keith McLellan	Garden City Runners	632	M50	00:35:49
37					

### Herts Male 2nd team

5	Paul Greaves	St. Albans Striders	126	M40	00:33:48
11	Pablo Plaza Lastras	St. Albans Striders	1085	MS	00:35:19
23	Danny Digweed	St. Albans Striders	545	MS	00:36:43
25	Colin Braybrook	St. Albans Striders	881	M40	00:36:46
64					

### Herts Male 3rd team

1	Neilson Hall	North Herts Road Runners	1	MS	00:31:17
7	Steve McKeown	North Herts Road Runners	962	MS	00:34:38
27	James Atkins	North Herts Road Runners	919	MS	00:36:49
29	Gary Cook	North Herts Road Runners	1051	MS	00:36:56
64					

### Herts Female 1st team

18	Astrid McKeown	North Herts Road Runners	961	WS	00:35:54
73	Natasha Pitman	North Herts Road Runners	844	WS	00:39:54
81	Jane Chappell	North Herts Road Runners	911	W35	00:40:12
87	Melissa Winters	North Herts Road Runners	857	WS	00:40:27
259					

### Herts Female 2nd team

43	Katherine Philp	Garden City Runners	322	WS	00:38:05
101	Cath Harris	Garden City Runners	794	W35	00:40:57
115	Caroline Hale	Garden City Runners	514	W35	00:41:31
173	Veronica Shadbolt	Garden City Runners	739	W45	00:43:32
432					

### Herts Female 3rd team

189	Yvonne Jones	Garden City Runners	534	W45	00:43:51
215	Catrina Niklaus	Garden City Runners	678	WS	00:44:42
268	Lauren Stewart	Garden City Runners	588	WS	00:46:10
303	Joanne Matthews	Garden City Runners	870	W35	00:47:20
975					